**Medical Health Check Data for : ROBERTS, ROBERTA B**

**June 2012**

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| |  |  |  | | --- | --- | --- | | **Your Current Medical Biometric Data** | **Results** | **Recommended Level** | | Blood Sugar (Glucose) | N/A | N/A | | A1c | 5.5 % of total | Less than or equal to 5.8% | | Your total Cholesterol level | 151 mg/dL | Less than 200 mg/dL | | Your LDL Cholesterol level | 90 mg/dL (cal | LDL : Less than 100 mg/dL | | Your HDL Cholesterol level | 32 mg/dL | HDL : Greater than 40 mg/dL | | Triglycerides | 143 mg/dL | Less than 150 mg/dL (fasting) | | Blood Pressure | 134/96 | Less than 120/80 mmHG | | Height | 65 Inches | N/A | | Weight | 207.6 Pounds | N/A | | BMI - Body Mass Index | 34.5427 Kg/meter squared | BMI : 18.5-24.9 | | Body Fat % | 39.8 | Men < 25%  Women < 32% | |

**Questions about laboratory values can be discussed with the on-site Wellness Coach  
at your appointment time. If you have more urgent questions contact your Primary   
Health Care Provider.**